

FINAL SCHEDULE EUROPEAN ATHLETICS CHAMPIONSHIPS AMSTERDAM 2016

DAY 1 - WEDNESDAY 6 JULY

| SESSION 1 : 10:40 – 14:10 | | | | |
|---------------------------|---------------------------|-------|------------------|--|
| 10:45 | Hammer Throw | Women | Qualifying A | |
| 10:50 | 100m Decathlon | Men | | |
| 11:00 | High Jump | Women | Qualifying A+B | |
| 11:40 | 100m Hurdles | Women | Qualifying Round | |
| 11:45 | Long Jump Decathlon | Men | A+B | |
| 12:00 | Discus Throw Museumplein | Women | Qualifying A | |
| 12:20 | Hammer Throw | Women | Qualifying B | |
| 12:10 | 200m | Women | Qualifying Round | |
| 12:40 | 100m | Men | Qualifying Round | |
| 13:10 | Long Jump | Men | Qualifying A+B | |
| 13:10 | 400m | Women | Qualifying Round | |
| 13:15 | Discus Throw Museumplein | Women | Qualifying B | |
| 13:25 | Shot Put Decathlon | Men | A+B | |
| 13:35 | 400m | Men | Qualifying Round | |
| SESSION 2 : 15:30 – 20:00 | | | | |
| 15:30 | High Jump Decathlon | Men | A+B | |
| 17:05 | Javelin Throw Museumplein | Men | Qualifying A | |
| 17:05 | 400m Hurdles | Men | Qualifying Round | |
| 17:30 | 200m | Women | Semi-Final | |
| 17:50 | Pole Vault | Men | Qualifying A+B | |
| 17:55 | 3000m Steeplechase | Men | Round 1 | |
| 18:25 | 800m | Women | Round 1 | |
| 18:40 | Javelin Throw Museumplein | Men | Qualifying B | |
| 18:40 | Long Jump | Women | Qualifying A+B | |
| 19:00 | 10.000 m | Women | Final | |
| 19:10 | Shot put | Women | Qualifying A+B | |
| 19:38 | 400m Decathlon | Men | | |

DAY 2 - THURSDAY 7 JULY

| SESSION 3 : 09:30 – 15:40 | | | | |
|---------------------------|---------------------------|-------|------------------|--|
| 09:30 | 110m Hurdles Decathlon | Men | | |
| 09:35 | Pole Vault | Women | Qualifying A+B | |
| 10:20 | Discus Throw Decathlon | Men | A | |
| 10:40 | Triple Jump | Men | Qualifying A+B | |
| 10:50 | 200m | Men | Qualifying Round | |
| 12:00 | Javelin Throw Museumplein | Women | Qualifying A | |
| 11:35 | 800m | Men | Round 1 | |
| 11:40 | Discus Throw Decathlon | Men | B | |
| 12:15 | 100m | Women | Qualifying Round | |
| 13:00 | Pole Vault Decathlon | Men | A+B | |
| 13:35 | Javelin Throw Museumplein | Women | Qualifying B | |
| SESSION 4 : 16:05 – 19:50 | | | | |
| 16:05 | Javelin Throw Decathlon | Men | A | |
| 16:15 | 400m Hurdles | Men | Semi-Final | |
| 16:35 | Discus Throw Museumplein | Men | Qualifying A | |
| 16:45 | 400m | Men | Semi-Final | |
| 17:05 | Shot Put | Women | Final | |
| 17:10 | 100m Hurdles | Women | Semi-Final | |
| 17:10 | Javelin Throw Decathlon | Men | B | |
| 17:30 | High Jump | Women | Final | |
| 17:35 | 400m | Women | Semi-Final | |
| 18:00 | 100m | Men | Semi-Final | |
| 18:15 | Discus Throw Museumplein | Men | Qualifying B | |
| 18:20 | Long Jump | Men | Final | |
| 18:20 | 1500m | Men | Round 1 | |
| 18:35 | Javelin Throw | Men | Final | |
| 18:45 | 800m | Women | Semi-Final | |
| 19:10 | 200m | Women | Final | |
| 19:20 | 200m | Women | Final | |
| 19:20 | 1500m Decathlon | Men | | |
| 19:40 | 100m Hurdles | Women | Final | |
| 19:50 | 100m | Men | Final | |

DAY 3 - FRIDAY 8 JULY

| SESSION 5 : 12:15 – 14:40 | | | | |
|---------------------------|----------------------|-------|------------------|--|
| 12:15 | 100m Heptathlon | Women | | |
| 12:30 | Hammer Throw | Men | Qualifying A | |
| 12:55 | 110m Hurdles | Men | Qualifying Round | |
| 13:00 | High Jump Heptathlon | Women | A+B | |
| 13:10 | Triple Jump | Women | Qualifying A+B | |
| 13:30 | 3000m Steeplechase | Women | Round 1 | |
| 13:50 | Hammer Throw | Men | Qualifying B | |
| 14:15 | 400m Hurdles | Women | Qualifying Round | |
| SESSION 6 : 18:05 – 21:45 | | | | |
| 18:05 | Shot Put Heptathlon | Women | A+B | |
| 18:10 | Hammer Throw | Women | Final | |
| 18:15 | 1500m | Women | Round 1 | |
| 18:35 | 800m | Men | Semi-Final | |
| 18:50 | 200m | Men | Semi-Final | |
| 19:10 | Pole Vault | Men | Final | |
| 19:15 | 100m | Women | Semi-Final | |
| 19:20 | Long Jump | Women | Final | |
| 19:40 | 400m Hurdles | Men | Final | |
| 19:50 | 400m | Men | Final | |
| 20:00 | 200m Heptathlon | Women | | |
| 20:15 | Discus Throw | Women | Final | |
| 20:25 | 400m | Women | Final | |
| 20:35 | 200m | Men | Final | |
| 20:45 | 10,000m | Men | Final | |
| 21:25 | 3000m Steeplechase | Men | Final | |
| 21:45 | 100m | Women | Final | |

DAY 4 - SATURDAY 9 JULY

| SESSION 7 : 13:00 – 16:10 | | | | |
|---------------------------|--------------------------|-------|----------------|--|
| 13:00 | Long Jump Heptathlon | Women | A+B | |
| 13:05 | Shot Put | Men | Qualifying A+B | |
| 13:55 | 4 x 400m Relay | Women | Round 1 | |
| 14:10 | High Jump | Men | Qualifying A+B | |
| 14:20 | Javelin Throw Heptathlon | Women | A | |
| 14:25 | 4 x 400m Relay | Men | Round 1 | |
| 15:25 | Javelin Throw Heptathlon | Women | B | |
| SESSION 8 : 18:40 – 22:00 | | | | |
| 18:45 | Javelin Throw | Women | Final | |
| 19:15 | 110m Hurdles | Men | Semi-Final | |
| 19:20 | Pole Vault | Women | Final | |
| 19:40 | 4 x 100m Relay | Men | Round 1 | |
| 19:45 | Triple Jump | Men | Final | |
| 20:00 | 4 x 100m Relay | Women | Round 1 | |
| 20:20 | 400m Hurdles | Women | Semi-Final | |
| 20:35 | Discus Throw | Men | Final | |
| 20:45 | 800m Heptathlon | Women | | |
| 21:05 | 5000m | Women | Final | |
| 21:30 | 110m Hurdles | Men | Final | |
| 21:40 | 800m | Women | Final | |
| 21:50 | 1500m | Men | Final | |

DAY 5 - SUNDAY 10 JULY

| SESSION 9 : 09:30 – 11:30 | | | | |
|----------------------------|--------------------|-------|-------|--|
| 9:30 | Half Marathon | Women | Final | |
| 9:50 | Half Marathon | Men | Final | |
| SESSION 10 : 17:00 – 19:00 | | | | |
| 17:00 | High Jump | Men | Final | |
| 17:05 | 400m Hurdles | Women | Final | |
| 17:10 | Hammer Throw | Men | Final | |
| 17:15 | 3000m Steeplechase | Women | Final | |
| 17:25 | Triple Jump | Women | Final | |
| 17:30 | Shot Put | Men | Final | |
| 17:35 | 4 x 100m Relay | Women | Final | |
| 17:45 | 1500m | Women | Final | |
| 17:55 | 4 x 100m Relay | Men | Final | |
| 18:10 | 5000m | Men | Final | |
| 18:30 | 800m | Men | Final | |
| 18:40 | 4 x 400m Relay | Women | Final | |
| 18:50 | 4 x 400m Relay | Men | Final | |



■ OLYMPIC STADIUM
■ MUSEUMPLEIN



AMSTERDAM2016.ORG
#ECH2016

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- @Euro_champs (English)
- Amsterdam2016
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